Victoria Fellowship Church International & Interdenominational Bible Study Worksheet – July 10, 2022

Theme: Lessons from the life of David Topic: Facing The Giants in Your Life

Main Text: 1 Samuel 17:12-58

Key verse: 1 Samuel 17:45 "David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied." (NIV)

INTRODUCTION: Life here on earth is an endless cycle of battles. Some are small annoyances, while others can be monumental life-changing ones. In John 16:33 (NLT), Jesus Christ told His disciples to expect these. God also says, in Job 5:7 "*Yet man is born to trouble as surely as sparks fly upward.*" (Job 5:7). In our recently concluded series through the Book of James, believers are even commanded to consider these life's trials as something to rejoice about! So, what do we do since trials are an unavoidable part of life and must come our way? Some troubles we may easily deal with as minor inconveniences. But what about the big life-changing ones – the 'Giants'? In our study today, we see a teenage boy, David, face-off with possibly the tallest and largest human being he may have ever seen. For 40 days, thousands of seasoned warriors cringed in fear at the very sight and sound of this 'Giant' in the person of Goliath! (1 Samuel 17:11,16).

(a) 1 Samuel 17:4-8, 10, 23-24 reveals several facts about Goliath. What do these verses tell us about how formidable an opponent Goliath was? (b) Read 1 Samuel 17: 24. Was it reasonable and natural for the Israelites to be afraid of Goliath whom some Bible scholars estimate to have been between 9-11 feet tall? (c). Compare and contrast David's response in the face of the 'Giant' and that of the Israelite army in 1 Samuel 17: 20, 24, 26. How would you explain the difference in the responses to the same 'Giant'? How do you see this playing out in how we often respond to the giants in our lives?

As far as battles go, it is difficult to understand how King Saul and his men could continue to dress up each morning in their battle gear only to be taunted and ridiculed by one man! But that was exactly what they did for 40 days – suck up the humiliation. However, on this day, David arrives the camp of the Israelites just about the time the two opposing armies were squaring off with each other. And just about the time Goliath would step up to taunt the Israelites like he had done for 40 days. That probably explains the reason for the bad attitude of David's oldest brother, Eliab, when he saw David in the camp that fateful day (1 Samuel 17:28). No warrior worth his salt would want his baby brother to see him cowering in fear at the approach of one man. However, upon hearing Goliath's taunt, David's first response was, "What will a man get for killing this Philistine and ending his defiance of Israel? Who is this pagan Philistine anyway, that he is allowed to defy the armies of the living God?" (1 Samuel 17:26). And so, a teenager would dare where seasoned warriors dreaded (1 Samuel 17:32)!

2. (a) Consider David's first response in 1 Samuel 17:26. What does that tell us about what's at stake when we are confronted by the giants in our lives? (b) When King Saul laid out the odds against David, David relied on the past victories in his life. (1 Samuel 17:34-37). What role should past victories God has won for us play in strengthening us for the big battles of life? (c) What one current giant can we possibly apply this lesson to?

Fired by a passion for God's glory and against the visible huge odds, David steps up to confront the biggest opponent of his life to date. In his concern for the little boy, King Saul offers him his coat of armour and sword. But David soon found them unsuitable for him. Instead, he stepped into the arena armed with only his shepherd's bag, shepherd's staff, and sling with 5 smooth stones. It must have seemed a bizarre match up to any observer. In fact, David's battle gear angered his opponent, Goliath (1 Samuel 17:43).

3. Read 1 Samuel 17:39-45; Ephesians 6:11-18. (a) David and Goliath were each kitted for battle. Whose suit of armour would you prefer and why? (b) What are the essential elements of the believer's armour. How does it compare with David's suit of armour? (c) David rejected Saul's armour. What does that teach you about arming yourself to face the giants in your life?

Prayer: Father, may I face the giants in my life, my family, the Body of Christ, and this nation in Your strength, fully clothed in Your armour. Grant me victory in all my battles. In Jesus name, amen.